

5th Victorian
PSYCHO-ONCOLOGY CONFERENCE

Advancing Comprehensive Cancer Care

FRIDAY 8 NOVEMBER 2019

Victorian Comprehensive Cancer Centre, Melbourne



PROGRAM

FRIDAY, 8 NOVEMBER 2019

0730-1700 **Registration Desk Open**

Session 1: Plenary

Chair: Professor Carlene Wilson

0830-0845 **Welcome to the 2019 Victorian Psycho-Oncology Conference
Acknowledgement/Welcome to Country**

0845-0915 **Consumer Presentation**
Professor Grant McArthur

0915-1005 **Keynote Speaker**
Advancing comprehensive cancer care: What have we learnt from patients so far
Professor Claire Foster, Professor of Psychosocial Oncology, University of Southampton

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Session 2: Innovative and emerging approaches to psycho-oncology

Chair: Ms Michelle Barrett and Mr Paul Baden

1005-1020 **Personalised medicine in paediatric cancer care: What matters in decision-making?**
Associate Professor Maria McCarthy, Children's Cancer Centre at The Royal Children's Hospital

1020-1035 **Immigrant parents impacted by paediatric cancer; Resilience-based interventions**
Dr Ash Hosseini, University of Melbourne

1035-1050 **Rapid Fire Presentations**
The development and initial validation of the Perceptions of Parental Illness Questionnaire-Cancer
Ms Chloe Fletcher, Flinders University
BEEP – Breast Cancer Education & Exercise Program
Ms Kristen Capron, Austin Health
Investigating the influence of illness perceptions on exercise among adults undergoing treatment for cancer
Dr Sian Cole, Olivia Newton-John Cancer Wellness & Research Centre

1050-1125 **Morning Refreshments and Poster Session**

Session 3: Integrating psychosocial care as a component of comprehensive care

Chairs: Dr Alex Holmes and Ms Sophy Athan

1125-1140 **Maternal breast cancer and communicating with children: a qualitative exploration of what resources mothers want and what health professionals provide**
Ms Michelle Sinclair, Royal Women's Hospital

1140-1155 **Bridge of Support: A Peer Support Program for Women with Breast or Gynaecological Cancer**
Ms Kellie Holland, Counterpart

1155-1210 **Rapid Fire Presentations**
Supporting women to live well with gynaecological cancers – national approach to influence service level change
Ms Felicity Hughes, Cancer Australia
What did I miss? Information processing skills following chemotherapy-only treatment for childhood acute lymphoblastic leukaemia (ALL)
Dr Cinzia De Luca, The Royal Children's Hospital
Implementation of Outpatient Exercise Oncology Service at ONJ
Ms Kirsty McRae, Austin Health

1210-1225	"Art therapy is the here and now of our well-being" An exploratory study into participant experience of the art therapy open studio as a transformative space to explore life-changing experiences of cancer Ms Fiona Scottney, Olivia Newton-John Cancer Wellness & Research Centre
1225 - 1240	Evaluation of the Enhancing Parenting in Cancer (EPIC) psycho-educational intervention for communicating with children about parental cancer: A descriptive pilot study Associate Professor Lesley Stafford, Royal Women's Hospital
1240-1300	Rapid Fire Presentations Development of a Virtual Reality Palliative Care Communication Teaching Module Ms Sharni Quinn, Peter MacCallum Cancer Centre A smartphone application to support carers of people with colorectal cancer: a pilot study Dr Natalie Heynsbergh, Deakin University A collision of silos: Experiences of women diagnosed with cancer during pregnancy - navigating obstetric and oncology care in the Australian healthcare system Ms Michelle Sinclair, Royal Women's Hospital Evaluation of an abbreviated group-based mindfulness intervention offered in routine clinical care for women with breast cancer Dr Leah Collins, Royal Women's Hospital
1300 - 1340	Lunch and Poster Session
1340 - 1420	Invited Speaker Taking the invention to the marketplace: Practicalities, legalities and sustainability of scaling out an evidence-based psycho-oncology intervention Professor Kerry Sherman, Professor of Health Psychology, Macquarie University
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 VICTORIAN COMPREHENSIVE CANCER CENTRE Overcoming Cancer Together	
Session 4 : Addressing diversity and disparities in supportive care provision	
Chair: Dr Maria Ftanou and Mr Les Leckie	
1420 - 1435	Development and pilot testing of a low health-literacy fertility e-decision aid in a breast cancer setting Ms Nipuni Ratnayake Gamage, Department of Obstetrics and Gynaecology, Royal Women's Hospital, University of Melbourne
1435 - 1450	An exploration of the perceptions, experience and practice of cancer clinicians in caring for young patients with malignancy who are also parents Dr Sarah Heynemann, St Vincent's Hospital
1450 - 1505	How support methods for informal caregivers in Denmark and Australia can inform international practice Dr Natalie Heynsbergh, Deakin University
Session 5 : Establishing and delivering on supportive care needs in the context of cancer care	
Chair: Mr Grey Searle and Mrs Jo Cockwill	
1505 - 1520	Needs and preferences of using an individualised infertility risk prediction tool: breast cancer patients' and clinicians' perspectives Dr Zobaida Edib, The University of Melbourne and The Royal Women's Hospital
1520 - 1535	'Social prescription': defining the 'social' in supportive care services for cancer Professor Lynette Joubert, Department of Social Work, University of Melbourne
1535 - 1600	Afternoon Refreshments and Poster Session
1600 - 1615	Rapid Fire Presentations Arts for Wellbeing: A Pilot Program at Peter Mac Ms Mei Fong Esther Lim, Peter MacCallum Cancer Centre The roles of task-based and social support in facilitating a positive 'return to work' following cancer Dr Gemma Skaczkowski, La Trobe University, Olivia Newton-John Cancer Wellness & Research Centre Researching psychosocial social work practice in cancer services: a co-created professional audit Professor Lynette Joubert, Department of Social Work, University of Melbourne
Session 6 : Panel and conference close	
Chair: Professor Carlene Wilson	
1615 - 1700	Panel The frontiers of comprehensive cancer care - the players, the pitfalls and potential <i>Facilitator:</i> Professor Penny Schofield
1700 - 1710	Prizes Awarded and Conference Close
1715 - 1800	Network drinks The Loft, Level 7

**Innovative and emerging approaches to psycho-oncology**

- 1 **The Hard Sell: Comparing traditional and online recruitment methods for a Randomised Controlled Trial of a prostate cancer web-based intervention (Navigate)**
Ms Natalie Richards, Peter MacCallum Cancer Centre
- 2 **Registry-based Patient-Reported Outcome Measures (PROMs) & Experience Measures (PREMs) for pancreatic cancer: A pilot study**
Ms Madalyn Quinn, Monash University
- 3 **Development of a self-management resource to treat fear of cancer recurrence and progression**
Miss Victoria Dax, Peter MacCallum Cancer Centre
- 4 **Adaptation of a group-based memory management program for cancer survivors experiencing cancer-related cognitive impairment**
Ms Natalie Pejoski, Olivia Newton-John Cancer, Wellness & Research Centre

Integrating psychosocial care as a component of comprehensive care

- 5 **A Review of Psychosocial Interventions to Address Challenges in Spouse Caregivers of Cancer Patients**
Dr Ash Hosseini, University of Melbourne
- 6 **Impact of childhood cancer on final educational attainment: A meta-analysis**
Dr Gemma Skaczkowski, La Trobe University, Olivia Newton-John Cancer Wellness & Research Centre
- 7 **Case study: Using exposure therapy to help an extremely claustrophobic breast cancer patient complete radiotherapy without medication**
Dr Hunter Mulcare, Western Health
- 8 **What does it mean to be “well” after a cancer diagnosis?**
Professor Carlene Wilson, Professor of Psycho-Oncology, La Trobe University, Olivia Newton-John Cancer Wellness & Research Centre

Addressing diversity and disparities in supportive care provision

- 9 **A scoping study of psychosocial challenges of adolescents and young adults impacted by familial cancer**
Mr Pooya Sabeti, University of Melbourne
- 10 **Improving cancer literacy through partnership with English-as-a-Second-Language providers: Results of a novel translational research intervention trial**
Mrs Donna Hughes-Barton, Flinders Centre for Innovation in Cancer, Flinders University
- 11 **Diversity in Cancer Patients- The Case For Using Intersectionality In Psycho-oncology**
Dr Geraldene Mackay, Sternberg Clinic, Bendigo
- 12 **Using co-design to develop a customised prostate cancer information portal: BroSupPORT**
Miss Ellie Tsiamis, Monash University

Establishing and delivering on supportive care needs in the context of cancer care

- 13 **Mapping the information needs of upper gastro-intestinal cancer patients and their main supporters over the diagnosis, treatment and survivorship trajectory: An exploratory study**
Dr Ingrid Flight, Flinders Centre for Innovation in Cancer, Flinders University
- 14 **Using the Pictorial Representation of Illness and Self Measure (PRISM) to assess how cancer survivors think about illness and wellness**
Dr Gemma Skaczkowski, La Trobe University, Olivia Newton-John Cancer Wellness & Research Centre
- 15 **Evaluating the effectiveness of gentle group yoga for cancer survivors' self-identified concerns and overall well-being**
Professor Carlene Wilson, Professor of Psycho-Oncology, La Trobe University, Olivia Newton-John Cancer Wellness & Research Centre