



5<sup>th</sup> Victorian  
PSYCHO-ONCOLOGY  
CONFERENCE

Advancing  
Comprehensive  
Cancer Care

FRIDAY 8 NOVEMBER 2019  
Victorian Comprehensive Cancer Centre, Melbourne



VICTORIAN  
COMPREHENSIVE  
CANCER CENTRE

Overcoming Cancer Together

HANDBOOK

# SPEAKERS



**Professor Claire Foster**

**PhD, MSc, BSc, CPsychol**

Professor of Psychosocial Oncology, Director of Macmillan Survivorship Research Group



**Professor Kerry Sherman**

**PhD**

Professor of Health Psychology and Deputy Head of the Department of Psychology and member of the Centre for Emotional Health, Macquarie University

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#VCCCPsychOnc19

# WELCOME



On behalf of the Organising Committee and the Victorian Comprehensive Cancer Centre, we are delighted to welcome you to the **5th Victorian Psycho-Oncology Conference**. We are so pleased that you have joined us!

With a conference theme of **'Advancing Comprehensive Cancer Care'**, this conference aims to address timely issues in research, education and practice within psycho-oncology.

We are honoured to welcome our two keynote speakers Professor Claire Foster, Professor of Psychosocial Oncology at the University of Southampton and the Director of the Macmillan Survivorship Research Group, UK and Professor Kerry Sherman, Professor and Deputy Head, Learning and Teaching, Department of Psychology, Macquarie University, Sydney.

We have been thrilled with the number and standard of abstract submissions and look forward to learning more about this work over the course of the day.

In addition to the program, we hope to provide an opportunity for practitioners and researchers to share their experiences, and to form and strengthen collaborations across the local, national and international psycho-oncology community.

I would like to thank my colleagues on the organising committee for their assistance in planning all aspects of the conference, as well as the organisations who have supported this conference, without whom we would be unable to hold this important meeting. Your assistance and contribution is greatly appreciated.

I hope that you find this to be a valuable and inspiring meeting.

## **Professor Carlene Wilson**

Convenor  
5th Victorian Psycho-Oncology Conference

## Organising Committee

### **Professor Carlene Wilson (Convener)**

Professor of Psycho-Oncology, La Trobe University, Olivia Newton-John Cancer Wellness & Research Centre

### **Ms Sophy Athan**

Chair, Cancer Consumer Advisory Committee, VCCC

### **Associate Professor Anna Boltong**

Associate Director, VCCC

### **Dr Justin Dwyer**

Medical Director, Department of Psychosocial Cancer Care, St Vincent's

### **Dr Maria Ftanou**

Head of Clinical Psychology, PMCC

### **Dr Alex Holmes**

Psychiatrist, Royal Melbourne Hospital

### **Professor Lynette Joubert**

Director of the Practice Research Program, Department of Social Work, University of Melbourne

### **Mr Grey Searle**

Manager/Clinical Psychologist, Psychology Department, Western Health

### **Ms Mari Shibaoka**

Program Manager, VCCC

### **Dr Gemma Skaczkowski**

Post-Doctoral Research Fellow, Olivia Newton-John Cancer, Wellness & Research Centre, La Trobe University

### **Ms Kyleigh Smith**

Senior Manager, Education Development, VCCC

### **Dr Lesley Stafford**

Clinical Psychologist, Oncology, The Royal Women's Hospital

# PROGRAM

## FRIDAY, 8 NOVEMBER 2019

0730-1700 Registration Desk Open

### Session 1: Plenary

Chair: Professor Carlene Wilson

0830-0845 **Welcome to the 2019 Victorian Psycho-Oncology Conference**  
**Acknowledgement to Country**

0845-0915 **Consumer Presentation**  
Professor Grant McArthur

0915-1005 **Keynote Speaker**

**Advancing comprehensive cancer care: What have we learnt from patients so far**

Professor Claire Foster, Professor of Psychosocial Oncology, University of Southampton

### Session 2: Innovative and emerging approaches to psycho-oncology

Chair: Ms Michelle Barrett and Mr Paul Baden

1005-1020 **Personalised medicine in paediatric cancer care: What matters in decision-making?**

Associate Professor Maria McCarthy, Children's Cancer Centre at The Royal Children's Hospital

1020-1035 **Immigrant parents impacted by paediatric cancer; Resilience-based interventions**

Dr Ash Hosseini, University of Melbourne

1035-1050 **Rapid Fire Presentations**

**The development and initial validation of the Perceptions of Parental Illness Questionnaire-Cancer**

Ms Chloe Fletcher, Flinders University

**BEEP – Breast Cancer Education & Exercise Program**

Ms Kristen Capron, Austin Health

**Investigating the influence of illness perceptions on exercise among adults undergoing treatment for cancer**

Dr Sian Cole, Olivia Newton-John Cancer Wellness & Research Centre

1050-1125 **Morning Refreshments and Poster Session**

# PROGRAM

## Session 3: Integrating psychosocial care as a component of comprehensive care

Chairs: Dr Alex Holmes and Ms Sophy Athan

1125-1140	<b>Maternal breast cancer and communicating with children: a qualitative exploration of what resources mothers want and what health professionals provide</b> Ms Michelle Sinclair, Royal Women's Hospital
1140-1155	<b>Bridge of Support: A Peer Support Program for Women with Breast or Gynaecological Cancer</b> Ms Kellie Holland, Counterpart
1155-1210	<b>Rapid Fire Presentations</b> <b>Supporting women to live well with gynaecological cancers – national approach to influence service level change</b> Ms Felicity Hughes, Cancer Australia <b>What did I miss? Information processing skills following chemotherapy-only treatment for childhood acute lymphoblastic leukaemia (ALL)</b> Dr Cinzia De Luca, The Royal Children's Hospital <b>Implementation of Outpatient Exercise Oncology Service at ONJ</b> Ms Kirsty McRae, Austin Health
1210-1225	<b>"Art therapy is the here and now of our well-being": An exploratory study into participant experience of the art therapy open studio as a transformative space to explore life-changing experiences of cancer</b> Ms Fiona Scottney, Olivia Newton-John Cancer Wellness & Research Centre
1225-1240	<b>Evaluation of the Enhancing Parenting in Cancer (EPIC) psycho-educational intervention for communicating with children about parental cancer: A descriptive pilot study</b> Associate Professor Lesley Stafford, Royal Women's Hospital



# PROGRAM

1240-1300	<p><b>Rapid Fire Presentations</b></p> <p><b>Development of a Virtual Reality Palliative Care Communication Teaching Module</b> Ms Justine Diggins, Peter MacCallum Cancer Centre</p> <p><b>A smartphone application to support carers of people with colorectal cancer: a pilot study</b> Dr Natalie Heynsbergh, Deakin University</p> <p><b>A collision of silos: Experiences of women diagnosed with cancer during pregnancy - navigating obstetric and oncology care in the Australian healthcare system</b> Ms Michelle Sinclair, Royal Women's Hospital</p> <p><b>Evaluation of an abbreviated group-based mindfulness intervention offered in routine clinical care for women with breast cancer</b> Dr Leah Collins, Royal Women's Hospital</p>
1300 - 1340	<p><b>Lunch and Poster Session</b></p>
1340 - 1420	<p><b>Invited Speaker</b></p> <p><b>Taking the invention to the marketplace: Practicalities, legalities and sustainability of scaling out an evidence-based psycho-oncology intervention</b> Professor Kerry Sherman, Professor of Health Psychology, Macquarie University</p>
<p><b>Session 4 : Addressing diversity and disparities in supportive care provision</b> Chair: Dr Maria Ftanou and Mr Les Leckie</p>	
1420 - 1435	<p><b>Development and pilot testing of a low health-literacy fertility e-decision aid in a breast cancer setting</b> Ms Nipuni Ratnayake Gamage, Department of Obstetrics and Gynaecology, Royal Women's Hospital, University of Melbourne</p>
1435 - 1450	<p><b>An exploration of the perceptions, experience and practice of cancer clinicians in caring for young patients with malignancy who are also parents</b> Dr Sarah Heynemann, St Vincent's Hospital</p>
1450 - 1505	<p><b>How support methods for informal caregivers in Denmark and Australia can inform international practice</b> Dr Natalie Heynsbergh, Deakin University</p>

# PROGRAM

## Session 5 : Establishing and delivering on supportive care needs in the context of cancer care

Chair: Mr Grey Searle and Mrs Jo Cockwill

1505 - 1520	<p><b>Needs and preferences of using an individualised infertility risk prediction tool: breast cancer patients' and clinicians' perspectives</b></p> <p>Dr Zobaida Edib, The University of Melbourne and The Royal Women's Hospital</p>
1520 - 1535	<p><b>'Social prescription': defining the 'social' in supportive care services for cancer</b></p> <p>Professor Lynette Joubert, Department of Social Work, University of Melbourne</p>
1535 - 1600	<p><b>Afternoon Refreshments and Poster Session</b></p>
1600 - 1615	<p><b>Rapid Fire Presentations</b></p> <p><b>Arts for Wellbeing: A Pilot Program at Peter Mac</b> Ms Sue Guzick, Peter MacCallum Cancer Centre</p> <p><b>The roles of task-based and social support in facilitating a positive 'return to work' following cancer</b> Dr Gemma Skaczkowski, La Trobe University, Olivia Newton-John Cancer Wellness &amp; Research Centre</p> <p><b>Researching psychosocial social work practice in cancer services: a co-created professional audit</b> Professor Lynette Joubert, Department of Social Work, University of Melbourne</p>
<h2>Session 6 : Panel and conference close</h2> <p>Chair: Professor Carlene Wilson</p>	
1615 - 1700	<p><b>Panel</b></p> <p><b>The frontiers of comprehensive cancer care - the players, the pitfalls and potential</b> <i>Facilitator:</i> Professor Penny Schofield</p>
1700 - 1710	<p><b>Prizes Awarded and Conference Close</b></p>
1715 - 1800	<p><b>Network drinks</b> The Loft, Level 7</p>

# POSTERS

## Innovative and emerging approaches to psycho-oncology

- 1 **The Hard Sell: Comparing traditional and online recruitment methods for a Randomised Controlled Trial of a prostate cancer web-based intervention (Navigate)**

Ms Natalie Richards, Peter MacCallum Cancer Centre

- 2 **Registry-based Patient-Reported Outcome Measures (PROMs) & Experience Measures (PREMs) for pancreatic cancer: A pilot study**

Ms Madalyn Quinn, Monash University

- 3 **Development of a self-management resource to treat fear of cancer recurrence and progression**

Miss Victoria Dax, Peter MacCallum Cancer Centre

- 4 **Adaptation of a group-based memory management program for cancer survivors experiencing cancer-related cognitive impairment**

Ms Natalie Pejoski, Olivia Newton-John Cancer, Wellness & Research Centre

## Integrating psychosocial care as a component of comprehensive care

- 5 **A Review of Psychosocial Interventions to Address Challenges in Spouse Caregivers of Cancer Patients**

Dr Ash Hosseini, University of Melbourne

- 6 **Impact of childhood cancer on final educational attainment: A meta-analysis**

Dr Gemma Skaczkowski, La Trobe University, Olivia Newton-John Cancer Wellness & Research Centre

- 7 **Case study: Using exposure therapy to help an extremely claustrophobic breast cancer patient complete radiotherapy without medication**

Dr Hunter Mulcare, Western Health

- 8 **What does it mean to be “well” after a cancer diagnosis?**

Professor Carlene Wilson, Professor of Psycho-Oncology, La Trobe University, Olivia Newton-John Cancer Wellness & Research Centre

## Addressing diversity and disparities in supportive care provision

- 9 **A scoping study of psychosocial challenges of adolescents and young adults impacted by familial cancer**

Mr Pooya Sabeti, University of Melbourne

- 10 **Improving cancer literacy through partnership with English-as-a-Second-Language providers: Results of a novel translational research intervention trial**

Mrs Donna Hughes-Barton, Flinders Centre for Innovation in Cancer, Flinders University



# POSTERS

- 11 **Diversity in Cancer Patients- The Case For Using Intersectionality In Psycho-oncology**

Dr Geraldene Mackay, Sternberg Clinic, Bendigo

- 12 **Using co-design to develop a customised prostate cancer information portal: BroSupPORT**

Miss Ellie Tsiamis, Monash University

Establishing and delivering on supportive care needs in the context of cancer care

- 13 **Mapping the information needs of upper gastro-intestinal cancer patients and their main supporters over the diagnosis, treatment and survivorship trajectory: An exploratory study**

Dr Ingrid Flight, Flinders Centre for Innovation in Cancer, Flinders University

- 14 **Using the Pictorial Representation of Illness and Self Measure (PRISM) to assess how cancer survivors think about illness and wellness**

Dr Gemma Skaczkowski, La Trobe University, Olivia Newton-John Cancer Wellness & Research Centre

- 15 **Evaluating the effectiveness of gentle group yoga for cancer survivors' self-identified concerns and overall well-being**

Professor Carlene Wilson, Professor of Psycho-Oncology, La Trobe University, Olivia Newton-John Cancer Wellness & Research Centre



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## Sponsor

The Victorian Comprehensive Cancer Centre (VCCC) is a powerful alliance of ten successful Victorian organisations committed to working together to advance the control and cure of cancer: Peter MacCallum Cancer Centre, Melbourne Health (including The Royal Melbourne Hospital), The University of Melbourne, The Walter and Eliza Hall Institute of Medical Research, The Royal Women's Hospital, The Royal Children's Hospital, Western Health, St Vincent's Hospital Melbourne (including St Vincent's Institute), Austin Health (including the Olivia Newton John Cancer Research Institute and Austin Lifesciences) and Murdoch Children's Research Institute.



OVARIAN  
CANCER  
AUSTRALIA

## Exhibitor

Ovarian Cancer Australia is the independent national organisation founded in 2001 that takes action for people affected by ovarian cancer. Ovarian Cancer Australia provides support for women and their families, raises community awareness of ovarian cancer, advocates for improved services for women and promotes and funds high impact research. Ovarian Cancer Australia's vision is to save lives and ensure that no woman with ovarian cancer walks alone.

[www.ovariancancer.net.au](http://www.ovariancancer.net.au)





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